

FOOD BANK and FOOD/SHOPPING HELP

These are all from a google search so please call them to confirm they are still running at this time and how to access their services

AREA	LINK TO WEBSITE / COMMENT	CONTACT NUMBER
Birmingham	https://covidmutualaid.org/local-groups/	various
Birmingham	https://r2wbirmingham.info/browse/28/covid-19-support.html	search food and your area
Birmingham	All Saints Church centre – The food bank has tinned meat, rice, fruits, formula, and other goods. Youth and those on low incomes may benefit from their services. Location is Albert Road, Stechford, Birmingham, B33 8AU, Call	07811 350 778.
Birmingham	St Bernard’s Church has volunteers that offer tinned goods and food boxes. Up to a few days or non-perishable food may be served to the needy. Address is Broome Avenue, Birmingham, B43 5AL, Telephone number for the site is	0121 357 5399.
Birmingham	24 St Chad’s Queensway Birmingham B4 6HH, dial 0121 236 5776 for information on services	0121 236 5776
Birmingham	102 Unett St N, Birmingham, West Midlands B19 3BZ, Phone: 44 121 507 8500.	121 507 8500.
Birmingham	Birmingham Erdington Corps, 93 Station Road, Birmingham, B23 6UG, Telephone – .	0121 350 5151
Birmingham	Cooperation Birmingham COVID- 19 Mutual Aid	0121 667 6387
Birmingham	Birmingham Community Solidarity: Coronavirus Response	
Birmingham	FOOD & ESSENTIAL SUPPORT: For Asylum Seekers or Refugees By St Chads Sanctuary	0121 233 3127
Birmingham	http://erbc.org.uk	0121 256 2565
Birmingham	https://www.as-suffa.org/	0121 285 2777
Birmingham	https://r2wbirmingham.info/service/2833/volunteering-the-good-gym-delivering-food.html	Email
Birmingham	Age Concern	0121 362 3650
Birmingham	https://cooperationbirmingham.org.uk/	0121 667 6387
Birmingham - Acocks Green	Acocks Green Covid-19 Mutual Aid	
Birmingham - Aston & Nechells	St Matthew’s Church of Aston & Nechells – A charity for those families on a low income and that have had their benefits cut. The church is at 63 Wardlow Raod Nechells, Birmingham B7 4JH. For hours of this centre, call	0121 359 0801.
Birmingham - Aston & Nechells	https://astonnechells.foodbank.org.uk/	07384 213621
Birmingham - B11 & B12	https://r2wbirmingham.info/service/2912/community-support-coronavirus-self-isolation-community-support-b11-b12-areas.html	0121 440 4096
Birmingham - B30	http://b30.foodbank.org.uk/	0121 728 7030
Birmingham - B30	B30 foodbank may have emergency boxes. The Cotteridge Church 24 Pershore Road South Birmingham B30 3EJ, Call	07582 143 972.

Birmingham - B31	http://b31.org.uk/covid19/coronavirus-1/?wpbdp_view=all_listings	various
Birmingham - Castle Vale	https://r2wbirmingham.info/service/2865/food-packages-covid-19-outreach-east-birmingham.html	07522 349713
Birmingham - Digbeth	Vineyard Network Church Birmingham – Toiletries, bags of food, and other support is available for low income families. Network House, 174-178 Barford Street, Digbeth, Birmingham, B5 7EP. For more information, ring the church at	0121 622 1230.
Birmingham - Erdington	Erdington Baptist Church may have tinned goods, meats, or vegetables. Volunteers may also provide signposting and other help. Erdington Six Ways Baptist Church, Wood End Road, Erdington, Birmingham B24 8AD, Telephone number –	07775 465 062.
Birmingham - Erdington	http://www.erdington.foodbank.org.uk	07474 683927
Birmingham - Erdington	https://erdington.foodbank.org.uk/	07474 683927
Birmingham - Great Barr	http://greatbarr.foodbank.org.uk/	0121 357 5399
Birmingham - Great Barr	http://www.greatbarr.foodbank.org.uk	0121 357 5399
Birmingham - Great Barr	https://r2wbirmingham.info/service/2848/food-delivery-sri-guru-singh-sabha-gurdwara-great-barr.html	07795 646 240
Birmingham - Hall Green	http://www.ascensionhallgreen.org.uk/	0121 777 3689
Birmingham - Hall Green	https://r2wbirmingham.info/service/2873/food-delivery-hall-green-residents.html	07470 153525
Birmingham - Handsworth	https://handsworthbirmingham.foodbank.org.uk/	0121 507 0734
Birmingham - Handsworth	https://r2wbirmingham.info/service/2144/community-kitchen.html	0121 525 2671
Birmingham - Highgate	Ubuntu Handmade Bread – 34 Gresham Tower Shawbury Grove Highgate Birmingham B12 0TX, .	07574 258517
Birmingham - Hodge Hill	https://r2wbirmingham.info/service/2865/food-packages-covid-19-outreach-east-birmingham.html	07522 349713
Birmingham - Islamic Medical Society	https://r2wbirmingham.info/service/2915/food-support-islamic-medical-society.html	Email
Birmingham - Kings Norton	https://www.facebook.com/groups/1060823807637865	
Birmingham - Longbridge	https://www.foodcycle.org.uk/location/birmingham-longbridge/?fbclid=IwAR2sUPpjJLMBmJDJxwjbWe5Hgjb-lrSm-5-srxPc5M1Px1 BPp8W92anj30	
Birmingham - Mere Green	https://r2wbirmingham.info/service/2841/food-shopping-ark-community-church-mere-green.html	07950 085 905
Birmingham - Moor Pool	https://r2wbirmingham.info/service/2808/emergency-support-covid-19-moor-pool-neighbourhood-support.html	079 70620415
Birmingham - Moseley	https://r2wbirmingham.info/service/2875/food-provisions-moseley-together.html	07796 668257
Birmingham - Moseley Together	https://moseleytogether.org.uk/	07796 668257

Birmingham - Northfield	http://www.hollymoorcc.org.uk/Life-Line-Projects/index.php/	
Birmingham - Northfield	https://www.facebook.com/pg/allenscrosscommunityassociation/about/?ref=page_internal	0121 478 3310
Birmingham - Northfield	Northfield community response	07 527723947
Birmingham - Northfield	http://redeemberbirmingham.org.uk/	07525 611835
Birmingham - Northfield	https://www.stlaurencenorthfield.org/	
Birmingham - Northfield	https://www.facebook.com/wychallfarm.challenor	
Birmingham - Quinton	http://quintonoldbury.foodbank.org.uk/	0773 2157619
Birmingham - Rubery	https://www.facebook.com/groups/RuberyCovidSupport	
Birmingham - Selly Oak	https://www.facebook.com/groups/552874341990946/	
Birmingham - Shard End	https://r2wbirmingham.info/service/2865/food-packages-covid-19-outreach-east-birmingham.html	07522 349713
Birmingham - Smethwick	http://smethwick.foodbank.org.uk/	0121 517 0141
Birmingham - Sparkbrook	https://r2wbirmingham.info/service/2869/food-delivery-muath-trust.html	0121 753 0297
Birmingham - Sparkhill	http://sparkhill.foodbank.org.uk/	0121 708 1398
Birmingham - Stechford	https://r2wbirmingham.info/service/2865/food-packages-covid-19-outreach-east-birmingham.html	07522 349713
Birmingham - Sutton Coldfield	https://storymaps.arcgis.com/stories/dc589ee55c4a47adb6f62d4235a0d92	
Birmingham - Sutton Coldfield	You can call Hope Helpline from 9am to 6pm on 07483 829 891, or email h4s.h2h@gmail.com, for support including delivering hot meals (Mon-Thurs), help with shopping or a friendly chat (Mon to Sat).	07483 829 891
Birmingham - Sutton Coldfield	https://r2wbirmingham.info/service/2849/food-bank-sutton-coldfield-baptist-church.html	0121 355 5088
Birmingham - Sutton Coldfield	https://r2wbirmingham.info/service/2847/food-delivery-sc-united-reformed-church-sutton-coldfield.html	0121 355 1217
Birmingham - Sutton Coldfield	https://www.facebook.com/groups/475813849966221	0121 362 3650
Birmingham - Various	https://www.birmingham.gov.uk/site_search/results/?q=food+bank	click on link and search your area
Birmingham - West Heath	http://redeemberbirmingham.org.uk/	07525 611835
Birmingham Central	https://birminghamcentral.foodbank.org.uk/	0121 236 2997
Birmingham East - Kingfisher	http://kingfisherfoodbank.weebly.com/	07902030134
Birmingham Food Aid	www.birminghamfoodaid.org.uk	0121 330 0251
Birmingham - Longbridge	http://redeemberbirmingham.org.uk/	075256 11835

Birmingham - BrumTogether & The Active Wellbeing Society	https://www.facebook.com/groups/brumtogether/	
Black Country	https://www.blackcountryfoodbank.org.uk/	01384 671250
Bloxwich	http://bloxwichblakenall.foodbank.org.uk/	07747 301374
Coventry	Coventry Covid-19 Mutual Aid	
Coventry Foodbank	http://coventry.foodbank.org.uk/	02476 993770
Dudley	https://www.facebook.com/pg/CVSDudley/about/?ref=page_internal	
Dudley	REFRESHCastlegate Christian Book Shop and Coffee Shop5-6 Birdcage WalkDudley DY2 7AE	01384 671250
Dudley - Brierley Hill	https://givinghandsmission.org.uk/index.html	
Dudley - Brierley Hill	http://www.brierleyhillproject.org.uk/	
Dudley - Lower Gornal	TAKE A BREAKSt. Paul's ChurchFive WaysLower Gornal DY3 2AU	
Dudley - Netherton	NETHERTON FOODBANKPrimrose Hill Community ChurchChapel Street, NethertonDudley DY2 9PN	
Dudley - Stourbridge	REPLENISHOur Lady and All Saints Catholic Church13 New RoadStourbridge DY8 1PQ	
Dudley - Upper Gornal	https://www.ugmc.org.uk/index.php/ministries/springs-food-bank	
Warwickshire - Henley in Arden	Henley in Arden can be turned to in an emergency. Referrals are needed. Church Hall Beaudesert Lane Henley in Arden B95 5BA,	01564 792871.
Birmingham - Lozells	LMCC Soup Kitchen, also known as the Lozells Methodist Church Centre, 163 Gerrard Street Lozells Birmingham B19 2AH,	0121 554 9360.
Birmingham - Quinton	St Boniface Church – Emergency boxes of food may be passed out. All items are free to the vulnerable that are found to be eligible. Quinton Road West, Quinton, B32 2QD,	7969434928
Sandwell	If you live in Sandwell, the council has written to all of its residents. If you have no existing help in your area and there is an urgent need, please call the Council's Emergency Helpline on	0121 569 2266
Sandwell -	https://www.facebook.com/groups/2861466323907055/	ask for help via Fbook
Sandwell - Bearwood	https://www.facebook.com/groups/647032279173318/	Bearwood
Sandwell - Oakham/Tivdale	https://www.facebook.com/groups/296640457978873	
Sandwell - Oldbury	https://www.facebook.com/groups/272213907102624/	
Sandwell - Rowley Regis	RESTORE FOODBANK –Transformation Church1 Station RoadRowley Regis B65 0LJ	
Sandwell - Tipton	https://www.facebook.com/groups/2928224590576438/	
Sandwell - Wednesbury	https://www.facebook.com/groups/658832674873658	
Sandwell - West Bromwich	http://www.elimwestbrom.com/food-bank/	0121 580 0068
Solihull	Older people can call Age UK Solihull on	0121 704 7840
Solihull	People of all ages can call Solihull Community Advice Hub on	0121 709 7590

Solihull	Solihull district emergency support is provided from welfare. While many needs can be met by this scheme, the council is able to provide vouchers for families on a low income so they can buy food or groceries. The team at the council is also involved in referring residents to everything from local food banks to other charities. Learn how to apply for Solihull emergency support.	0121 704 6000.
Solihull	They are also offering to do shopping for people with a medical condition or special cultural dietary need. To arrange a food delivery or some shopping, please call or email info@ageuksolihull.org.uk	0121 704 7840
Solihull	Helping Hands is open Monday to Friday, 7am to 9pm and can deliver food from 9am to 5pm. They are concentrating on helping people under 70. To arrange a food delivery please call or email hello@renewalcc.com	0121 711 7300
Solihull	Kingfisher Food Bank is open on Tuesdays and Fridays from 12.30 – 3.30pm and offer food deliveries from 10.30am – 12 noon. To arrange a food delivery, please call or email kingfisherfoodbank@gmail.com	7902030134
Solihull	Around Again Social Supermarket in Fordbridge is open every Tuesday from 11am to 4pm. Please call and select option 3 to arrange a delivery. They also need donations - if you would like to donate see the 'Volunteering Safely' section.	0121 448 0720
Solihull	Solihull/Shirley/Chelmsley Wood COVID-19 Mutual aid group	
Solihull	https://r2wbirmingham.info/service/2833/volunteering-the-good-gym-delivering-food.html	Email
Solihull	https://www.solihull.gov.uk/Resident/socialservicesandhealth/Coronavirus/Here2Help/Helpwithfood	0121 704 6000.
Solihull - Castle Bromwich	https://r2wbirmingham.info/service/2865/food-packages-covid-19-outreach-east-birmingham.html	07522 349713
Solihull - Chelmsley Wood	https://r2wbirmingham.info/service/2865/food-packages-covid-19-outreach-east-birmingham.html	07522 349713
Solihull - North - Kingfisher	http://kingfisherfoodbank.weebly.com/	07902030134
Solihull - Shirley	Shirley Covid-19 Mutual Aid Group	
Sparkhill	Sparkhill foodbank – 6a Bard Street, Sparkhill, Birmingham, B11 4SA, Tel:	0121 771 0464.
Staffordshire - Cannock	http://cannockdistrict.foodbank.org.uk/	(01543) 422394
Staffordshire - Lichfield	http://lichfield.foodbank.org.uk/	01543 254596
Staffordshire - Rugeley	http://rugeley.foodbank.org.uk/	07528-447504
Staffordshire - Tamworth	http://tamworth.foodbank.org.uk/	01827 302434
Walsall	https://go.walsall.gov.uk/covid-19_information/covid-19_-_i_need_help_residents/covid-19_-_access_help_and_volunteer_to_help	0121 380 6690

Walsall	http://walsallnorth.foodbank.org.uk/	07582 869895
Walsall	ALL SAINTS All Saints Church Hall Walsall Road Darlaston WS10 9LA	
Walsall	http://www.ablewelladvice.org.uk/?page_id=55	
Walsall	ALL SAINTS All Saints Church Hall Walsall Road Darlaston WS10 9LA	
Walsall	https://r2wbirmingham.info/service/2865/food-packages-covid-19-outreach-east-birmingham.html	07522 349713
Walsall - Aldridge	https://thethomasproject.co.uk	
Walsall - Brownhills	THE LAMP FOODBANK Brownhills Community Centre Chester Road North, Brownhills Walsall WS8 7JW	
Walsall - Darlaston	Darlaston Corps, The Leys Darlaston, Wednesbury, WS10 8DP. Call the centre at	0121 526 6768.
Walsall - Lichfield	http://www.therockchurch.co.uk/	
Walsall - Willenhall	http://www.bridgegap.org.uk	
Warwickshire - Leamington Spa	https://warwickdistrict.foodbank.org.uk/locations/	
Warwickshire	https://r2wbirmingham.info/service/2833/volunteering-the-good-gym-delivering-food.html	Email
Warwickshire - Arden	http://arden.foodbank.org.uk/	07733 551926
Warwickshire - Bedworth	https://bedworth.foodbank.org.uk/	07809 203178
Warwickshire - Coleshill	https://www.facebook.com/coleshillparish/posts/heres-what-the-foodbank-is-currently-short-of-theres-a-basket-in-church-thank-yo/2153405711344550/	
Warwickshire - Nuneaton Foodbank	http://nuneaton.foodbank.org.uk/	07842 074987
Warwickshire - Stratford-Upon-Avon	http://stratforduponavon.foodbank.org.uk/	07884 418732
Warwickshire - Warwick & Leamington Spa	https://r2wbirmingham.info/service/2833/volunteering-the-good-gym-delivering-food.html	Email
Warwickshire - Warwick District	https://warwickdistrict.foodbank.org.uk/	07850 293383
West Midlands	https://fareshare.org.uk/getting-food/	Sign up
West Midlands	https://www.salma-foodbank.org/	07767 164246
West Midlands	West Midlands Salvation Army – There are a few centres. Some are noted below but there are more. The church based group helps people regardless of religion or age. Food banks, clothing, shelter, and referrals to grants and benefits are offered.	0121 507 8500
West Midlands and Birmingham	https://www.billhelp.uk/charity-food-banks-birmingham/	
Wolverhampton	https://www.wolverhampton.gov.uk/sites/default/files/2020-04/Food%20Banks%20in%20Wolverhampton%2008.04.20.pdf	Various
Wolverhampton	www.thewellwolverhampton.co.uk	Telephone: 01902 256523
Wolverhampton	Good Shepherd Ministry WV1 4QU	Telephone: 01902 399955
Wolverhampton	www.seventhdayadventistfoodbank.btck.co.uk	Telephone: 07826 240716
Wolverhampton	Wolverhampton COVID-19 Mutual Aid	

	<p>City Mission operates a Care Centre, which can serve free meals or give out boxes of food, meats, and non-perishable items. They also serve lunches to the elderly in Birmingham. Another service from the charity is a Christmas programme, which can serve meals or provide toys and gifts to families on a low income with children. Find more details on Birmingham City Mission services.</p>	
	<p>Coventry is also supported by its own City Mission charity. The Café Eating Place can serve a free meal or pass out a box of perishable goods, such as fruit, or canned items. A helpline can also refer people to other organisations and benefits to address hunger. Clothing and other support is offered too from the charity, and read more Coventry City Mission programmes.</p>	
	<p>Glebe Centre provides low cost meals from a soup kitchen. There may be soup, hot drinks, and more. Lunches and breakfasts are offered, and for those people that need a voucher to a food bank in Birmingham, that can be provided as well to eligible families. More on Glebe Centre.</p>	

