Sensory Orienteering

Primary / Secondary

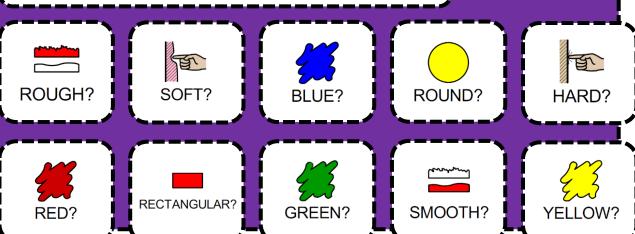
Use your senses to complete these activities. What can you see, hear, smell and touch?

You will need:

TREASURE HUNT

- your home and/or garden
- You can do this activity on your own or with other people at home.
- The aim is to find safe items or objects around the home and/or garden.
- Why not see how quickly you can find all the items? You could try to beat your own time or play against other people at home.





WHAT CAN YOU HEAR?

You will need:

 a computer / mobile phone with speakers or headphones

Use the following YouTube videos to guess the sounds...

Musical instruments: https://www.youtube.com/watch?v=tb0gHAzpQPE

Animals: https://www.youtube.com/watch?v=Qd6wZHUDCUg

A – Z of sounds: https://www.youtube.com/watch?v=AEU0rb0_lkk
Disney Characters: https://www.youtube.com/watch?v=8j4Bw4UKiKs

www.sendactive.org

SEND Active CIC is a Registered Community Interest Company: 9370611





Sensory Orienteering

Primary / Secondary

Use your senses to complete these activities. What can you see, hear, smell and touch?

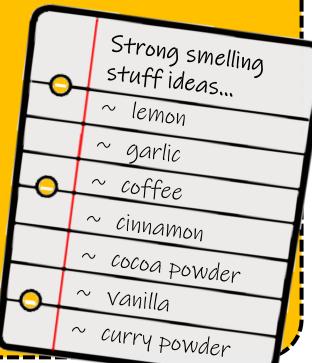
WHAT CAN YOU SMELL?

You will need:

- some empty plastic bottles / jars / small dishes
- a range of "smells" (see ideas below)

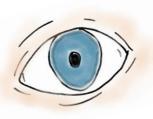
IMPORTANT: Please ensure you aware of any allergies when preparing and completing this activity. Please also ensure that all "smells" are safe and non-toxic.

- You may need to ask an adult at home to help you prepare this activity.
- Ask an adult at home to put some safe things that have a strong smell (see ideas to the right) in to some empty bottles / jars / small dishes.
- With either your eyes closed, or wearing a blindfold, you should try to guess what each smell is.
- You can write your answers down or tell your answers to someone at home.



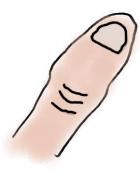


Let us know if you enjoyed these activities!
Tag @SENDactive on Twitter









www.sendactive.org

SEND Active CIC is a Registered Community Interest Company: 9370611 Send active