



resources for
autism
resourcesforautism.org.uk

WEDNESDAY CLUB

Specialist play for young people
aged 15-19 years with autism

We are running an autism specific youth club for young people aged 12-19 with a diagnosis of Autism at:

Resources for Autism
858 Finchley Road
NW11 6AB

The club runs from 6pm - 8pm every Wednesday in term time.

Group members are supported to build on their social and communication skills by taking part in fun games and activities tailored to explore their independence and build self-confidence.

Activities include:

- Cooking •Art •Drama •Group games and projects •Yoga/ movement •Listening to music
- Talking Topics - such as friendships, body language and bullying.

Outings to places our young people choose and which promote independence include:

- Theatres •Swimming •Bowling •Parks •Local community trips e.g Camden Town

Places are allocated by first come first served. One to one support available as necessary. Transport is NOT included.

Barnet Residents: Apply via Christine Aldridge at Short Breaks in Barnet - shortbreaks@barnet.gov.uk.

Non-Barnet Residents: Apply via www.resourcesforautism.org.uk Click on the referral form box or telephone 020 8458 3259 for a hard copy or help completing the form.

Please email or call Catherine if you would like more information
Catherine Ely: 020 8458 3259
Catherine@resourcesforautism.org.uk

There is a charge for this service. Subsidised places are available for those on low income.

Resources for Autism, 858 Finchley Road, London, NW11 6AB
Telephone: 020 8458 3259 Charity Number: 1061253

